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Jael's syndrome: knife blade impacted in the facial skeleton: an illustrated case report and a review of literature

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Abstract

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Objective: This article focuses on the penetrating trauma of the facial mass caused by the knife with retention of the blade fractured in the facial skeleton.

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Case report: We describe preoperative, intra-operative and post-operative outcomes of the knife stabbing in the face, and of the surgical removal of the broken 8cm long blade using two dimensional, and tridimensional computed tomography, and clinical iconography

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Conclusions: We provide the readership with a broader perspective on iatrogenic facial trauma caused by blades with examples from history of medicine, with biomechanical focus, as well as a review of literature on the management, and on the surgical treatment outcomes of such infrequent emergency in maxillofacial surgery.

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Keywords: knife injury, Jael syndrome, penetrating foreign body, face, biomechanics

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Introduction

40 Nowadays, penetrating injuries in the maxillofacial skeleton are a rare event and
41 not much reported in the scientific literature [1, 2] and particularly when it affects
42 the maxillary sinus [2, 3]. These events can occur at any stage of life and have a
43 heterogeneous etiology [4].

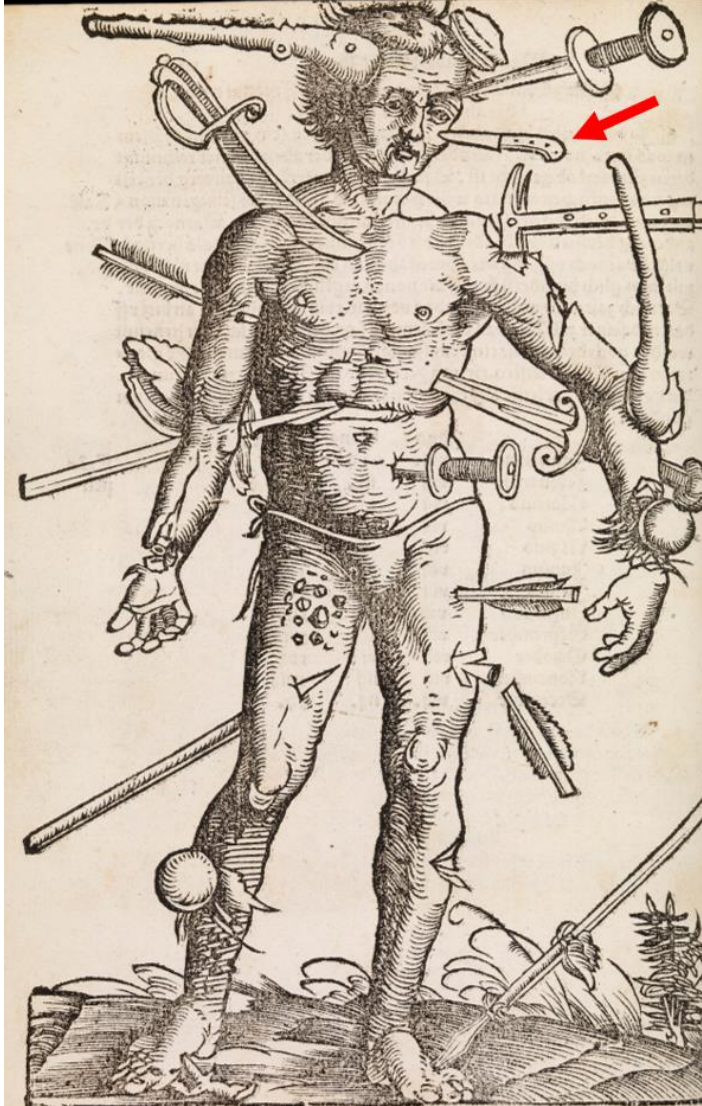
44 The available literature does not provide detailed epidemiologic data on penetrating
45 facial trauma involving knives, and it consists only of case studies or single case
46 series [5] especially when the knife remains retained in the patient [6-9]. This tends
47 to show that most centers have very limited experience with these injuries. However,
48 some centers can collect more experiences without publishing, depending on the
49 local geopolitical and/or social context.

50 From a historical point of view, the wounds by sharp force have been with humanity
51 since the beginning of the production of blades. The production of weapons / tools
52 such as blades have continued to improve throughout history and the advancement
53 of technology. Knives have been found since the Paleolithic period when blades
54 were initially made of stone before being made of metal in the Bronze and Iron Ages
55 [10]. Knives as we recognize them were first made from copper and bronze between
56 3000 and 700 BC, and some are very similar in design to those used today [11].

57 *“Nowadays, blades are mainly made of ferritic stainless steels, but they can also be
58 found in ceramics, polymers”* [12].

59 For this reason, the doctors of the time, confronted with the injuries that blades
60 generated and accumulated a great experience in the treatment of sharp trauma
61 through the multiple wars, before it was gradually replaced by injuries caused by
62 high velocity explosive weapons with other inherent complications. [13].

63 This led to the development of a medicine that could be called war medicine and
64 contribute to the development of medicine. This medicine treated all kinds of
65 injuries caused by blunt and sharp force trauma (Figure 1). It is articulated around
66 the accompaniment and monitoring of the patient and the management of bleeding,
67 wound care management fracture... The “wound man” is an illustration commonly
68 reproduced in surgical works of the Middle Ages (constitute largely of penetrating
69 sharp trauma caused by various types of blades). This illustration also shows that
70 already the doctors of the time were interested in the mechanisms of the wounds to
71 look after the polytraumatized patients [13]. This principle is still relevant in trauma
72 today and is used in trauma management algorithms such as the Advanced Trauma
73 Life Support ATLS [14].
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81 **Fig. 1. The "wounded man".** Illustration found for the first time in surgical
82 textbooks schematizes the various injuries that could be inflicted on a
83 medieval man during a battle (first time by Johanne de Ketham Venis 1492).
84 Despite these injuries, however, the Wounded Man is still depicted alive as
85 standing [15] This reaffirms the fact that the wounds had healing potential
86 [15]. Here is the version from Hans von Gersdorff's *Feldtbuch der*
87 *Wundartzney* (Strasburg, 1519). Red arrow illustrates the wound performed
88 by a knife under the left orbit, and corresponding to our clinical case.

89 Nowadays, these types of injuries caused by knives and other sharp objects are
90 representative of trauma in the civilian context in the course of interpersonal
91 conflicts (criminal and terrorist). This trend can be explained by the wide
92 accessibility of this type of weapon in the civilian environment [16]. A higher
93 incidence is observed in countries with strict gun laws [11, 18]. Thus, we find that
94 sharp force homicide is more common than firearm homicide in Europe, unlike the
95 United States [19-24]. Stabbing is the most common cause of homicide in the UK
96 [25-27]. A 2017 report describes 36,598 incidents, a 22% increase in relation to the
97 previous year [28]. In Belgium, knife fights increased 2.5 times between 2000 and
98 2020 [29]. Finally, terrorist attacks increasingly involve edged weapons as a primary
99 or secondary weapon. In one study, 1615 patients reportedly presented with
100 intentional (terrorism-related) knife injuries between January 2013 and March 2016
101 in Israel during the “Knife Intifada” [30].

102 However, specific penetrating trauma of the facial skeleton is not considered a
103 frequent situation, one of the reasons advanced by some authors is mainly as a result
104 of attempts to protect the face with the hands in self-defense [31].

105 In cases where the stabbing is intentional to the skull or face, the cases are grouped
106 in the literature under the name of Jael’s syndrome [32-35]. It was Jefferson et al.,
107 [32] who first described in 1968 a severe craniofacial lesion in a 16-year-old boy
108 impaled on a tent peg that penetrated the orbit and extended to the midbrain
109 referring to the Jael’s syndrome [32]. This syndrome refers to a biblical scene of the
110 murder of Sisera (Canaanite commander) by Jael, which thus allowed to deliver the
111 tribes of Israel from the domination of king Jabin, in Judges, IV, v. 21: “Jael,
112 Heber’s wife, took a stake from the tent, took the hammer in her hand, came to him
113 gently, and drove the stake into his temple, and it went into the ground. He was
114 sound asleep and weary; and he died.”

115 And although they can be life-threatening when the major blood vessels of the face
116 are affected [1, 36, 37] the mortality from stab wounds in general is known to be
117 relatively low in the medical and forensic literature [17, 26, 38, 39].

118 However, trauma where knife blade retained in the maxillofacial skeleton is an
119 unusual and spectacular injury especially in Europe. However, surgeons of the head
120 and neck region, including otolaryngologists, neurosurgeons, maxillofacial
121 surgeons, ophthalmologists, plastic surgeons and also radiologists, interventional
122 radiologists, anesthetists, emergency physicians, intensivists, need to be aware of the
123 management and care of these dramatic injuries because of the trend of increasing
124 incidence of these types of injuries [40].

125 The objective of this article is to review the characteristics, and the management of
126 such injuries through a clinical case.

127 **Clinical report**

128 The case report concerns a 17-year-old male (with no particular medical history),
129 arrived at the emergency room by ambulance with the presence of a knife blade
130 retained in the face following a dispute in the family context (Figure 2).



Fig. 2. Patient on arrival at the emergency room with the presence of a knife blade retained in the face and extending into the oral cavity. Arrows are showing the lateral edges of the knife in the oral cavity.

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Primary investigation

137 The primary investigation is based on the ABCDE system based on the Advanced
138 Trauma Life Support (ATLS®) algorithm of the Committee on Trauma of the
139 American College of Surgeons [14].

140 During the primary investigation the following elements were checked:

141 A: Airway: there was a presence of abundant but not pulsatile intra- and extra-oral
142 bleeding that could obstruct the airway. The knife blade was situated in the right
143 pharyngeal/tonsil area (Figure 3).

144 B: Breathing: the O₂ saturation of the patient was at 98%

145 C: Circulation: blood pressure was at 200/90, with heavy bleeding, not pulsatile, and
146 the patient remained normo colored.
147 D: Disability: the Glasgow coma scale was 15/15; the patient presented with
148 hypoesthesia of the left inferior orbital nerve, without diplopia or visual disturbance.
149 E: Evaluation: deep facial wound of 2 cm with sharp edges was located in the left
150 infraorbital region. Intra-orally, we noted the presence of the retained blade
151 transfixing the hard palate on the medial line around tooth 47 and the knife tip was
152 located in the tonsil area (Figure 3).
153 Upon primary investigation, there was no significant bleeding, no hemodynamic
154 instability or respiratory distress.

155 **Secondary investigation**

156 Therefore, the secondary investigation was performed immediately using
157 computed tomography (CT) scan. It revealed the presence of a knife blade of 8.4 x 2
158 cm retained in the face, with its main axis antero-posterior, superior-inferior and
159 from outside to inside. The blade crossed respectively the anterior wall of the left
160 maxillary sinus, the nasal wall of the left maxillary sinus, the hard palate on its
161 medial line to end in the right tonsillar area. The analysis of the general axis of the
162 blade makes it possible to exclude the damage of large vascular axes, although the
163 important metallic artifact of the knife could have contradicted this certainty
164 (Figures 3-17).
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169 **Fig. 3. CT scan topogram.** Frontal view. Presence of the knife blade with its
170 main axis oriented from left to right, from outside to inside, and from the
171 maxilla to the mandible (arrow).

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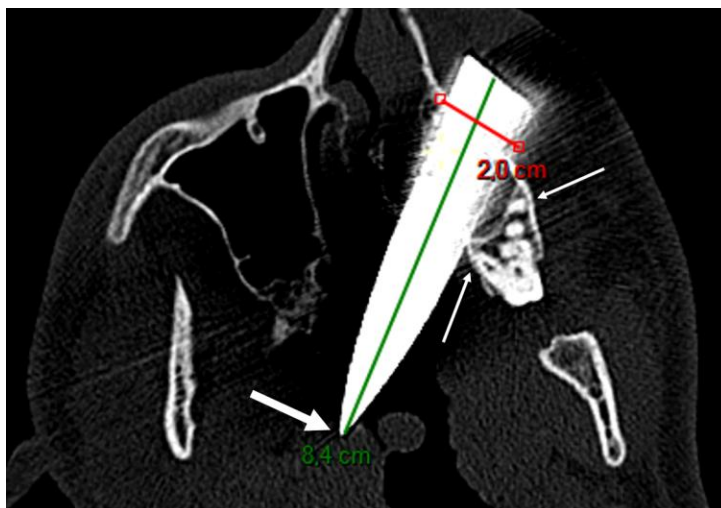
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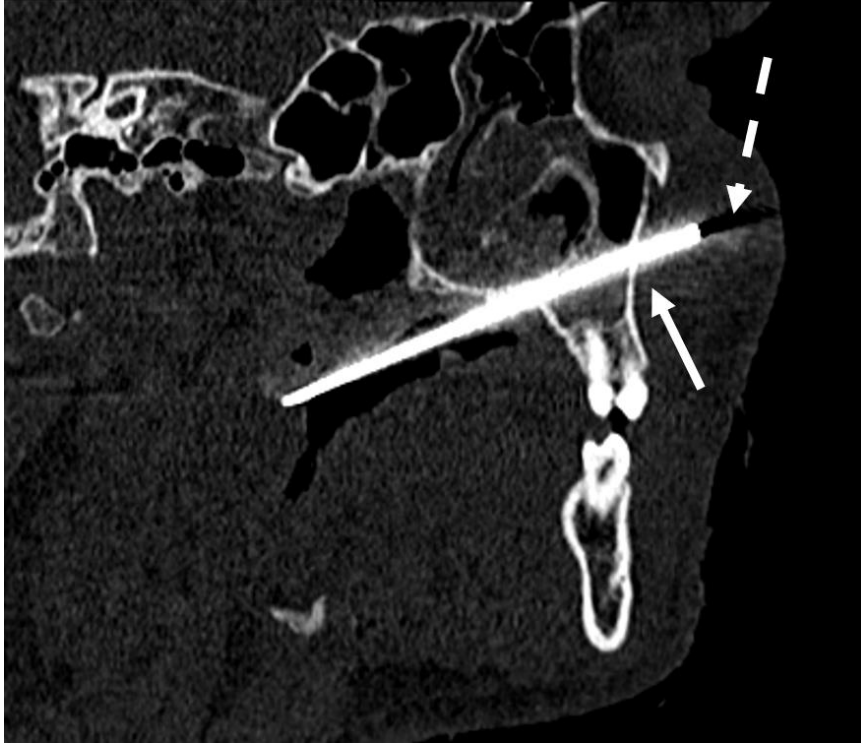
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188 **Fig. 4. CT scan (bone window).** Axial view. Cross section of the blade
189 showing its dimensions 8.4 x 2 cm, and its close relationship with the left
190 molars root apices (thin arrow), and with the right tonsil area (thick arrow).
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193 **Fig. 5. CT scan (bone window).** Sagittal view. The blade is crossing the
194 hard palate on the midline (arrow).



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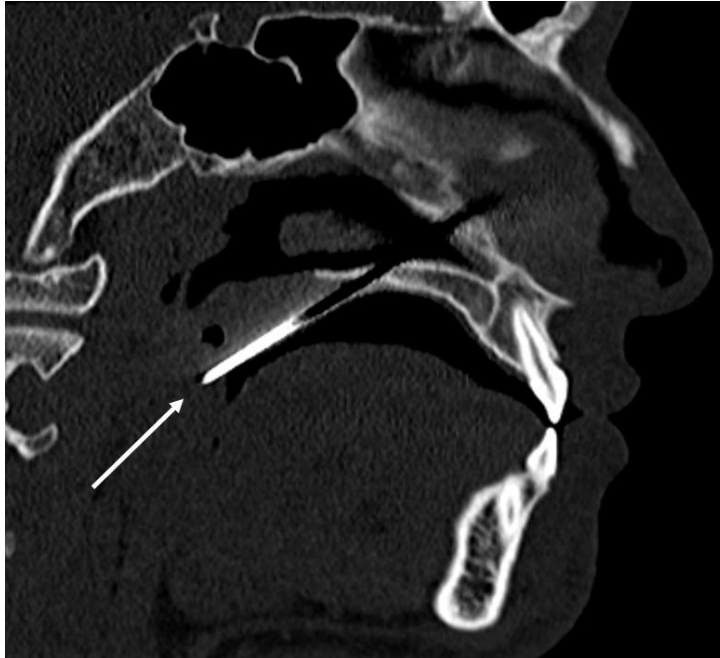
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Fig. 6. CT scan (bone window). Multi-reformatted view along the blade. The blade crosses the anterior wall of the left sinus (thin arrow) and the hard palate (thick arrow). The origin of the blade protrudes 1 cm from the anterior wall of the left maxillary sinus (arrow), and it is located 1.6 cm deep in the soft tissues of the face (dashed arrow).



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Fig. 7. CT scan (bone window). Multi-reformatted view along the blade. The tip of the blade is situated in the right tonsil area (arrow).

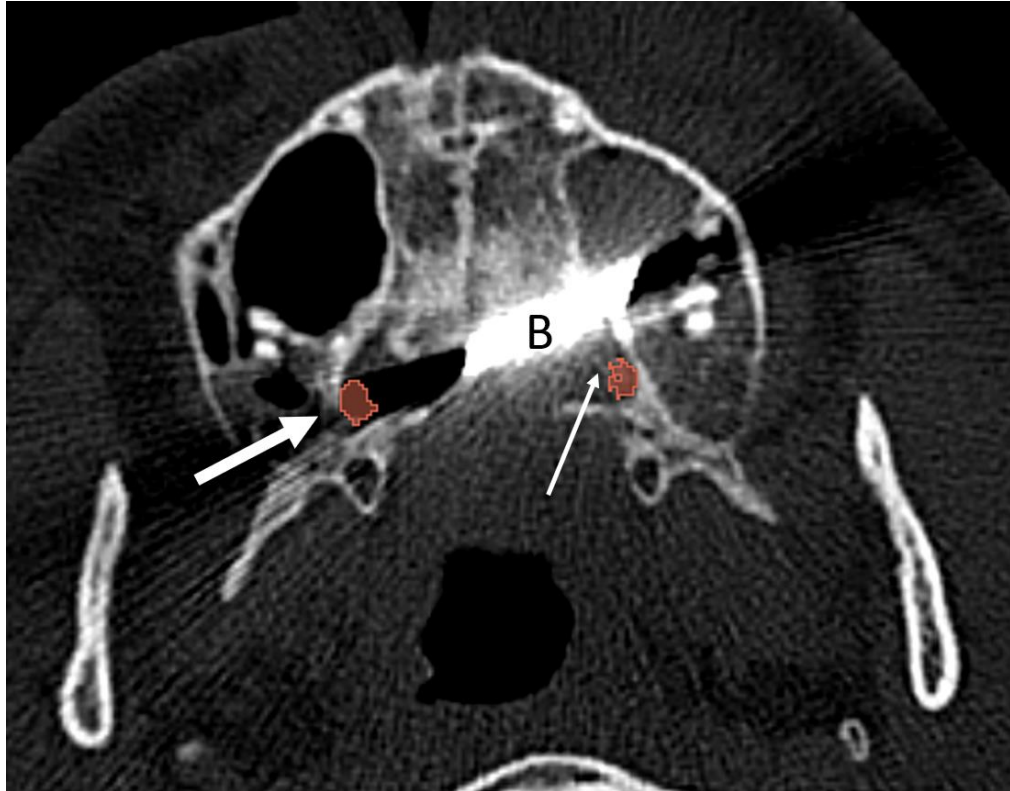


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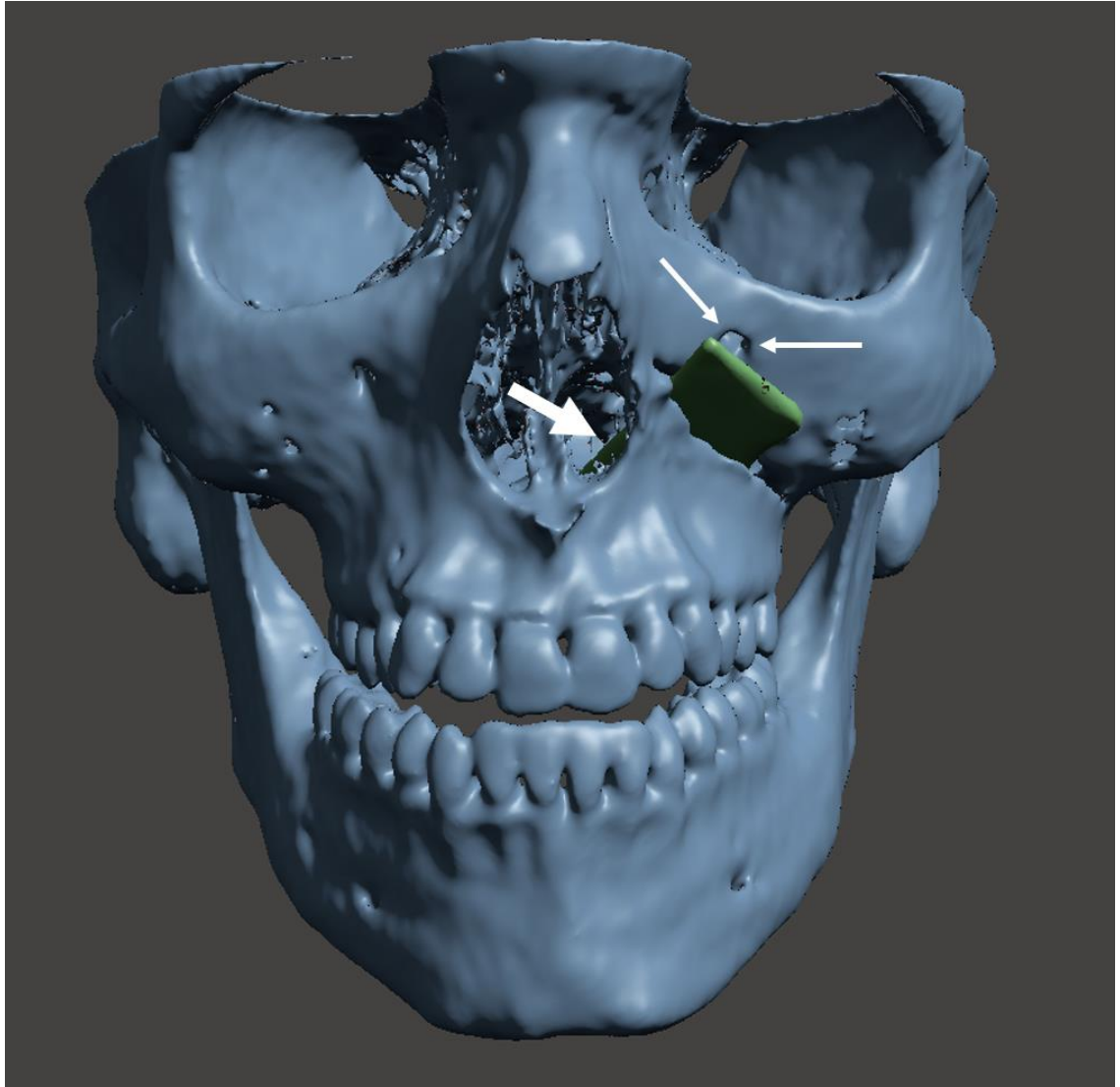
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Fig. 8. CT scan (bone window). Coronal view. The blade crossing the left nasal wall of the left maxillary sinus (arrow).



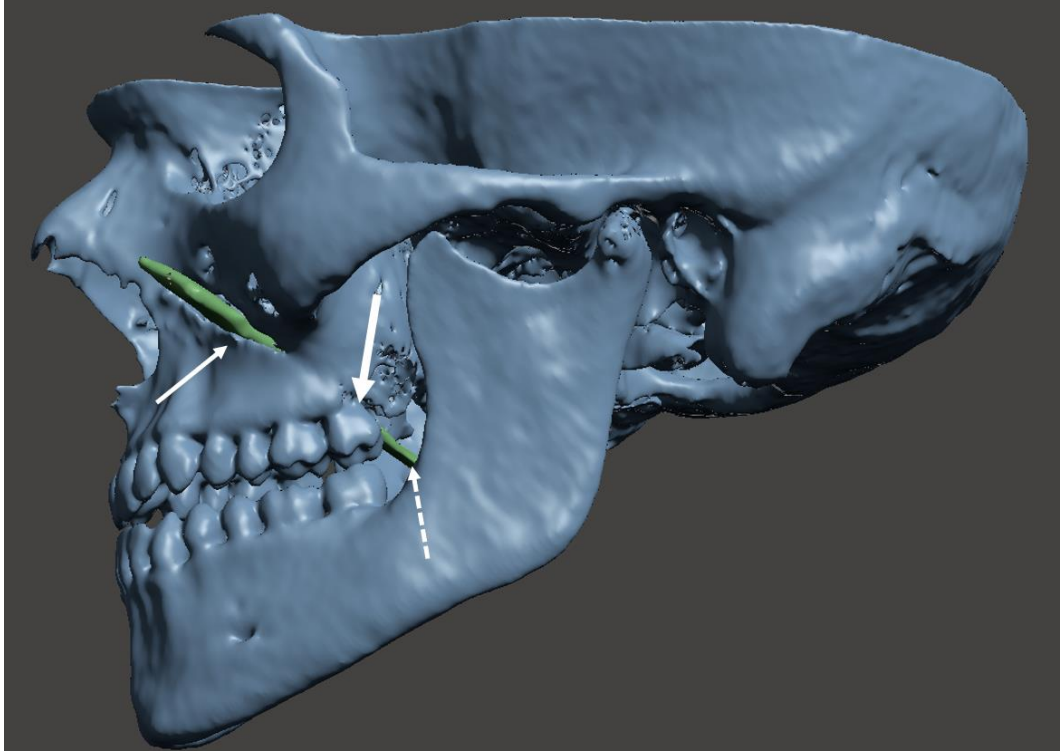
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224 **Fig. 9. CT scan (bone window).** Axial view. The relationship between the
225 blade (B) and the right and left descending palatine artery in the great
226 palatine canal. Close relationship between the blade and the left descending
227 palatine artery (thin arrow). Metallic artifact caused by the blade, and
228 projecting on the right descending palatine artery (thick arrow).
229 Reconstruction of the descending palatine arteries with 3DSlicer software (in
230 red).



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232 **Fig. 10. 3D CT reconstruction after segmentation of facial bones (blue),**
233 **and of the blade (green).** Frontal view. Entering point of the blade is
234 situated under the left infraorbital foramen (thin arrows). Blade inside the left
235 nasal fossa (thick arrow). Segmentation performed with 3D Slicer. 3D
236 reconstruction performed with Meshmixer software.



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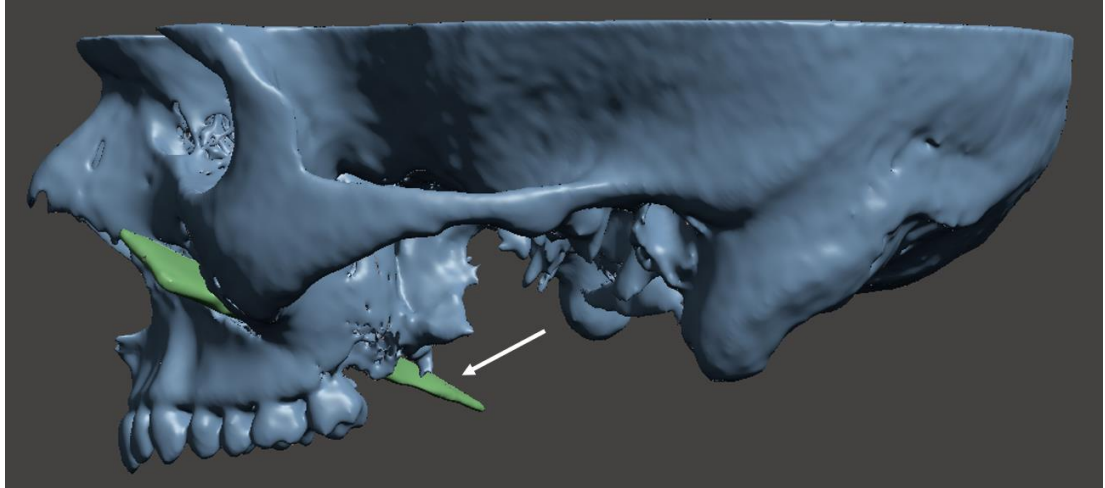
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Fig. 11. 3D CT reconstruction after segmentation of facial bones (blue), and of the blade (green). Left lateral view. The blade is oriented diagonally to the oral cavity. The blade perforates the anterior wall of the left maxillary sinus (thin arrow), passes close to the tooth n°27 (thick arrow), and enters the posterior oral cavity (dashed arrow).



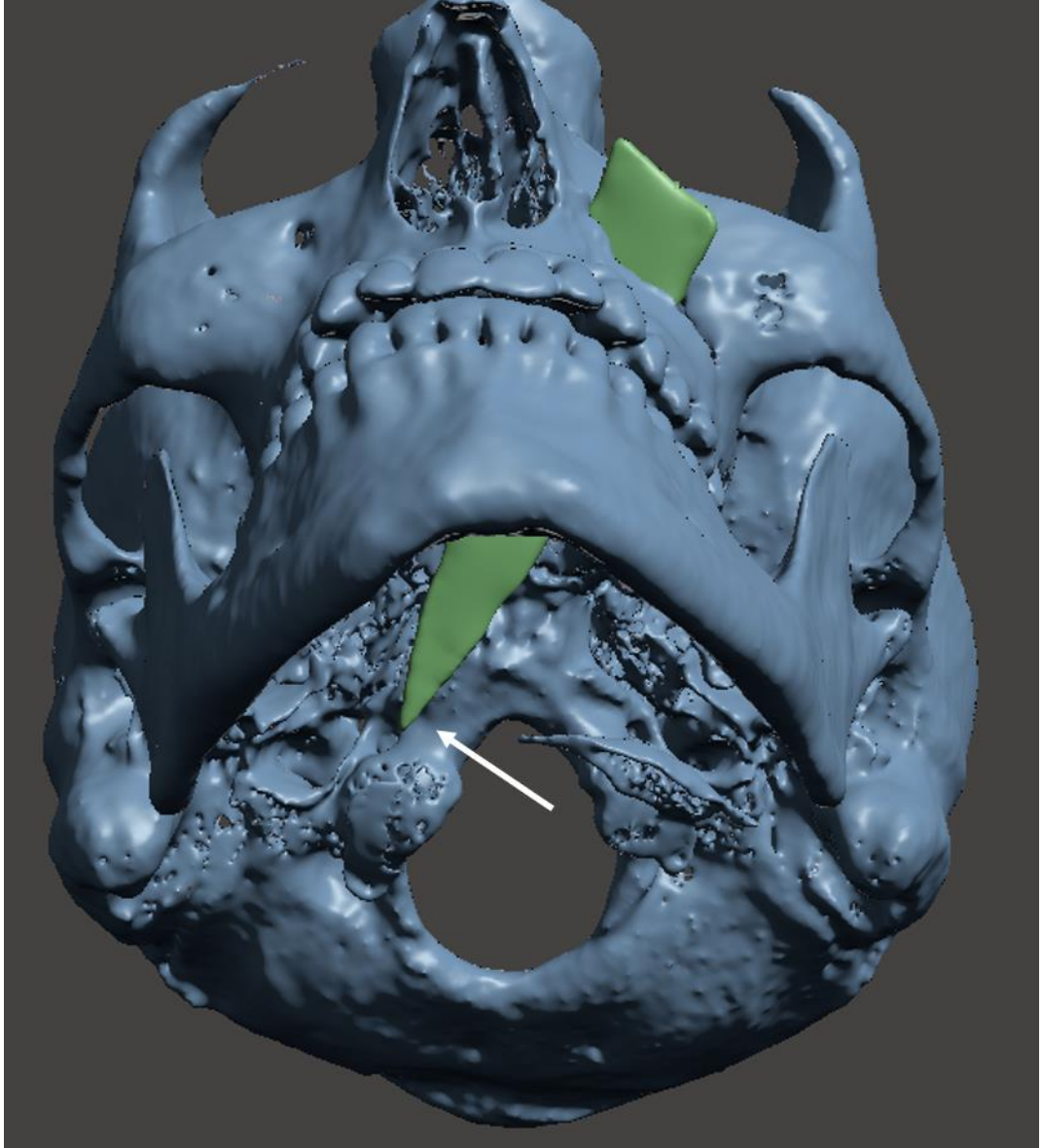
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Fig. 12. 3D CT reconstruction after segmentation of facial bones (blue), and of the blade (green). Left lateral view without the mandible. Deep entering of the blade into the tonsil area (arrow).



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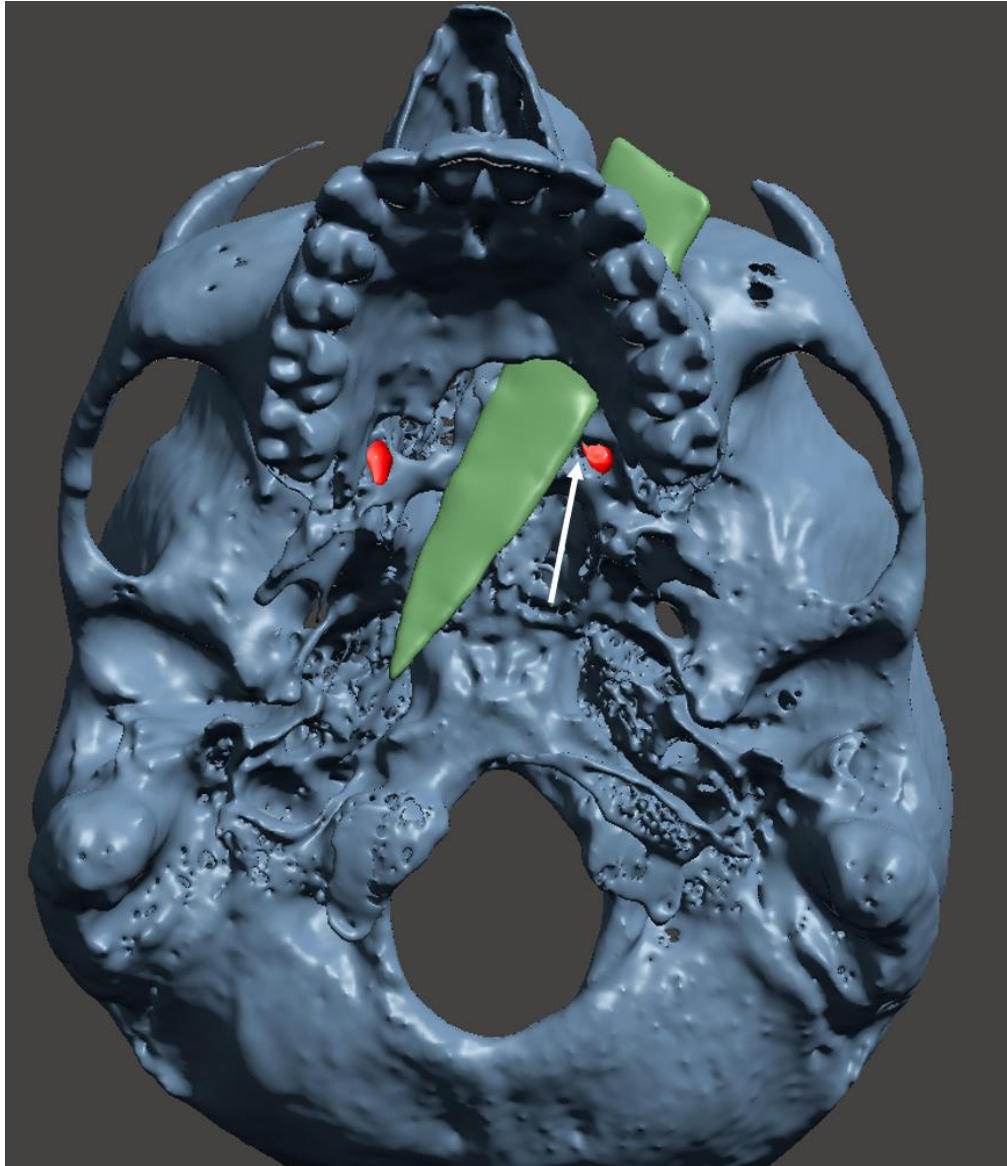
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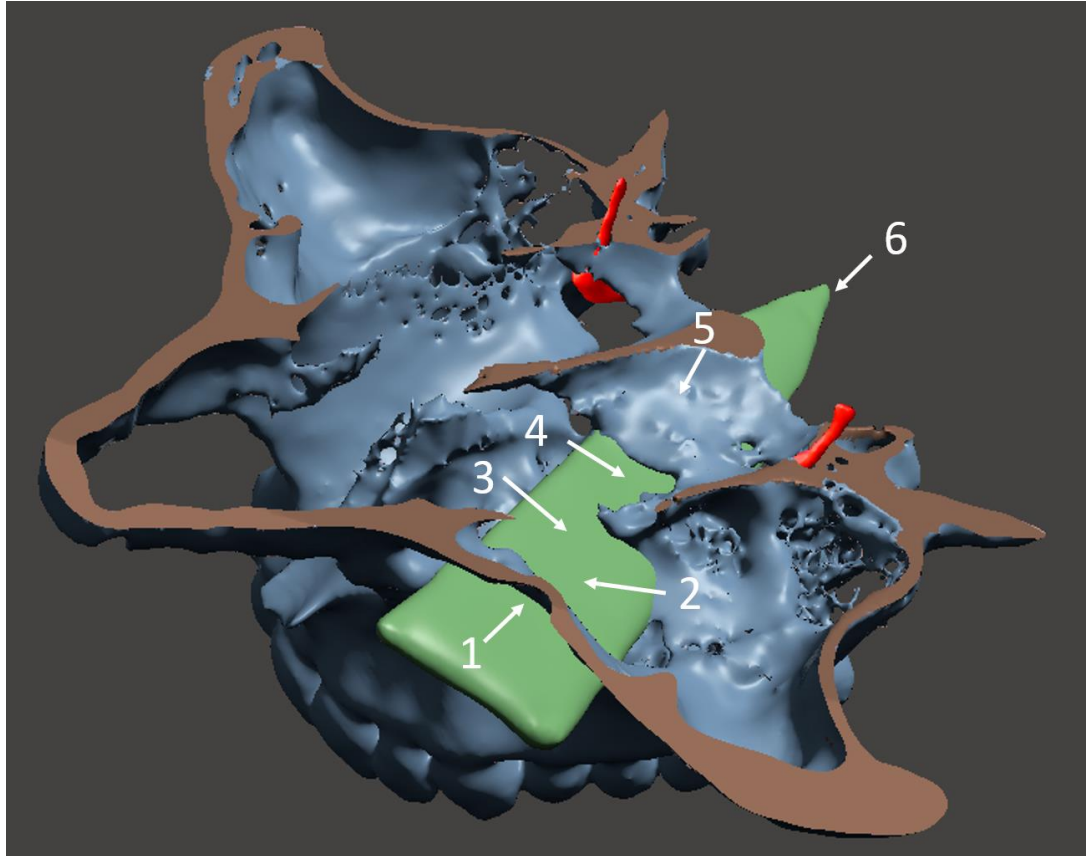
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Fig. 13. 3D CT reconstruction after segmentation of facial bones (blue), and of the blade (green). Frontal, and inferior to superior view. The blade is crossing the midline, and with deep entering into the right posterior oral cavity and tonsil area (arrow).



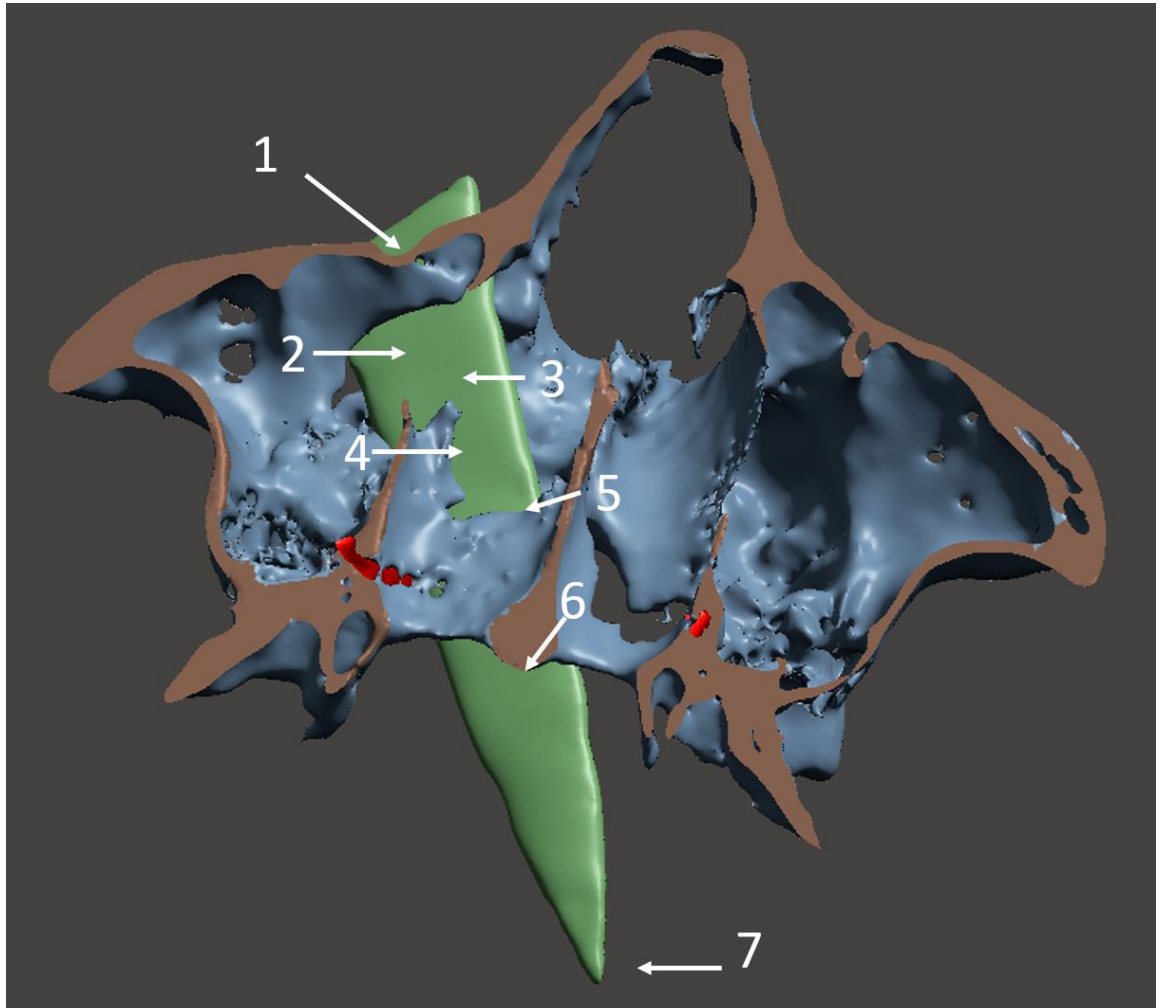
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254 **Fig. 14. 3D CT reconstruction after segmentation of facial bones (blue),**
255 **of the blade (green), and of descending palatine artery (red).** Inferior
256 view of the skull. The blade is oriented from outside to inside (left to right),
257 crosses the midline, penetrates the right tonsil area. The blade passes close
258 to the left great palatine foramen (arrow).



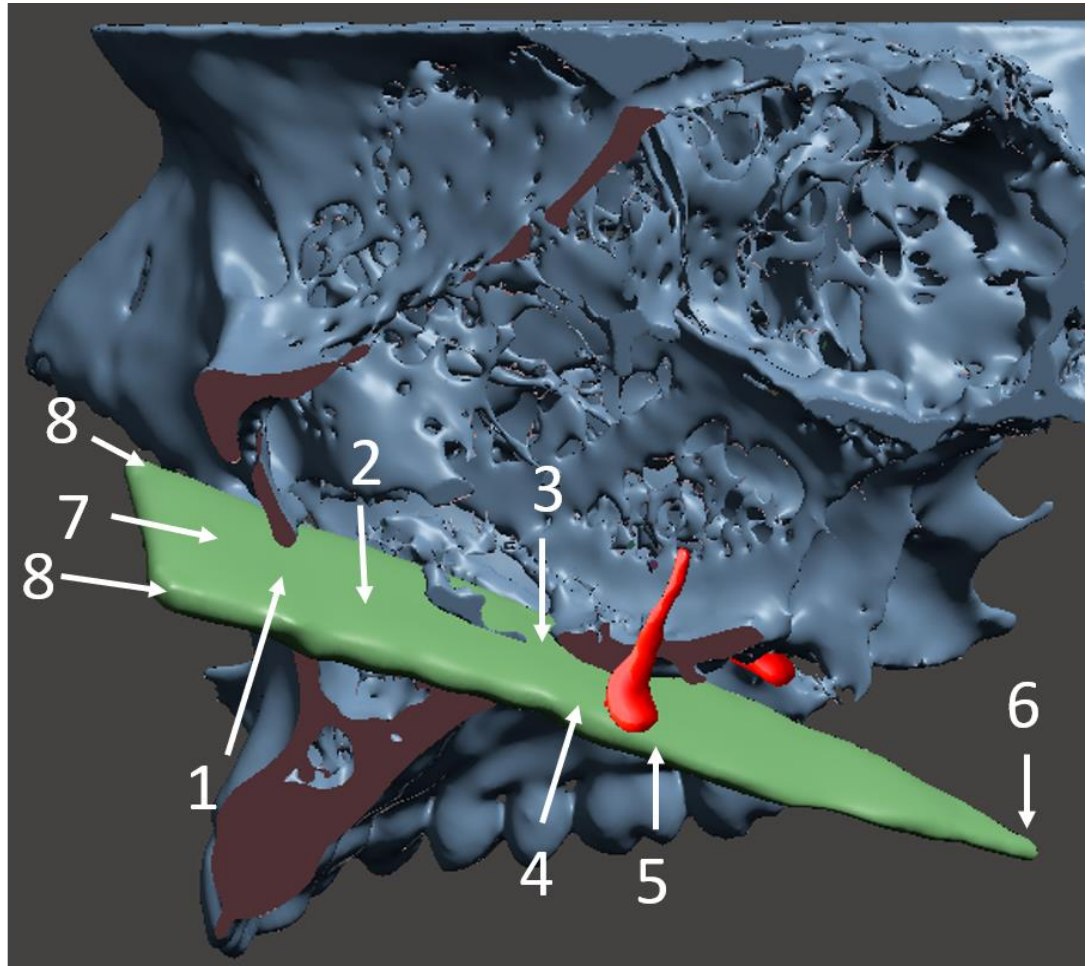
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260 **Fig. 15. 3D CT reconstruction after segmentation of facial bones (blue),**
261 **of the blade (green), and of descending palatine artery (red).** Upper left
262 lateral view. Axial slicing of the 3D reconstruction showing the relationship
263 between the blade and the anatomical landmarks. Blade entering the
264 anterior wall of the left maxillary sinus (1), passes through the left maxillary
265 sinus (2), passes through the nasal wall of the left maxillary sinus (3), enter
266 the hard palate in the left nasal fossa (4), passes the midline under the
267 palatine bone (5), and stops in the right tonsil area (6).



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269 **Fig. 16. 3D CT reconstruction after segmentation of facial bones (blue),**
270 **of the blade (green), and of descending palatine artery (red).** Upper
271 view. Axial slicing of the 3D reconstruction showing the relationship between
272 the blade and the anatomical landmarks. Blade entering the anterior wall of
273 the left maxillary sinus (1), passes through the left maxillary sinus (2),
274 passes through the nasal wall of the left maxillary sinus (3), enters the left
275 nasal fossa (4), enters the hard palate in the left nasal fossa (5), passes the
276 midline under the palatine bone (6), and stops deeply in the right tonsil area
277 (7).



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279 **Fig. 17. 3D CT reconstruction after segmentation of facial bones (blue),**
280 **of the blade (green), and of descending palatine artery (red).** Left lateral
281 view. Sagittal slicing of the 3D reconstruction showing the relationship
282 between the blade and the anatomical landmarks. Blade entering the
283 anterior wall of the left maxillary sinus (1), passes through the left maxillary
284 sinus (2), enters the hard palate in the left nasal fossa (3), passes under the
285 palatine bone (4), passes close to the left descending palatine artery (5), and
286 stops deeply in the right tonsil area (6). Smooth surface of the blade (7).
287 Lateral edges of the blade (8).

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Intervention

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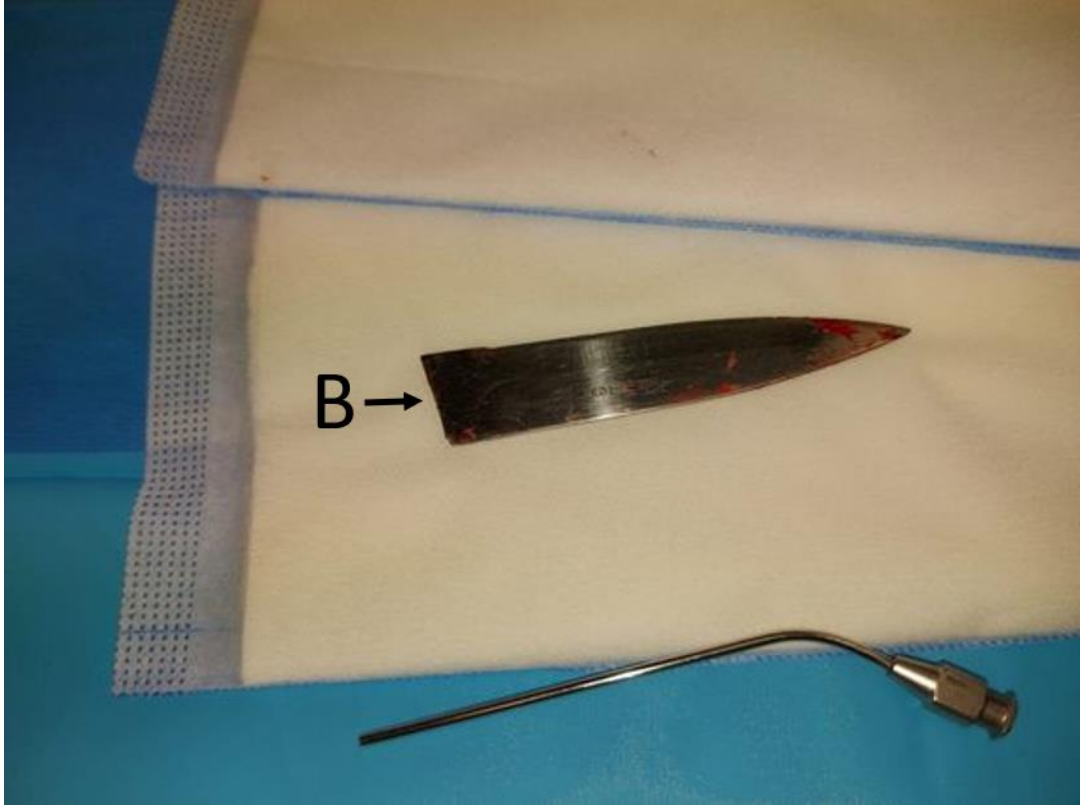
The removal of the retained blade was planned under general anesthesia with orotracheal intubation. Due to the presence of the tip of the blade in the tonsil area, we contacted the otolaryngologists in order to evaluate the presence of an injury in the right tonsil and, if necessary, the application of immediate surgical treatment. Intraoral intubation was considered difficult due to the poor visualization. Moreover, as it was a contraindication of the mobilization of the head and neck, the intubation was performed with a classic GlideScope® guided induction for laryngeal visualization with minimal orofacial manipulation. This procedure took place under the direction of 3 anesthetists including 2 experienced supervisors. The airway backup plan included an Eschmann introducer, and the final backup airway plan was the cricothyroidotomy, with the neck already prepared for the surgery. After disinfection and classical draping, the clinical examination of the tonsil area did not show any injury.

The retained blade was approached through the facial entry wound with medial and lateral enlargement of the facial entry wound followed by dissection, and reclinatio n of the maxillary sinus periosteum. The blade protruded 1 cm from the anterior wall of the left maxillary sinus. Despite multiple attempts the blade remained in place due to the poor grip of surgical forceps on the metallic smooth surface of the blade. This lack of grip made impossible to remove the retained blade using only different kind of surgical forceps.

However, the removal of the retained blade was made possible by performing a ball burr osteotomy of the anterior wall of the left maxillary sinus around the blade, the grip with the forceps on the edges of the blade (Figure 17), and a movement of rotation of the blade along its main axis induced by the forceps. This approach allowed the mobilization of the blade and its gentle removal.

The removal caused minor bleeding that did not require any particular hemostatic procedure.

Afterwards, a simple closure in 2 planes was performed on the face, and by simple suture on the palate after disinfection and syringing of the wound with polyvidone-iodine solution.



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Fig. 18. The blade (B) removed *in toto*, with dimensions of 8.4 x 2 cm.

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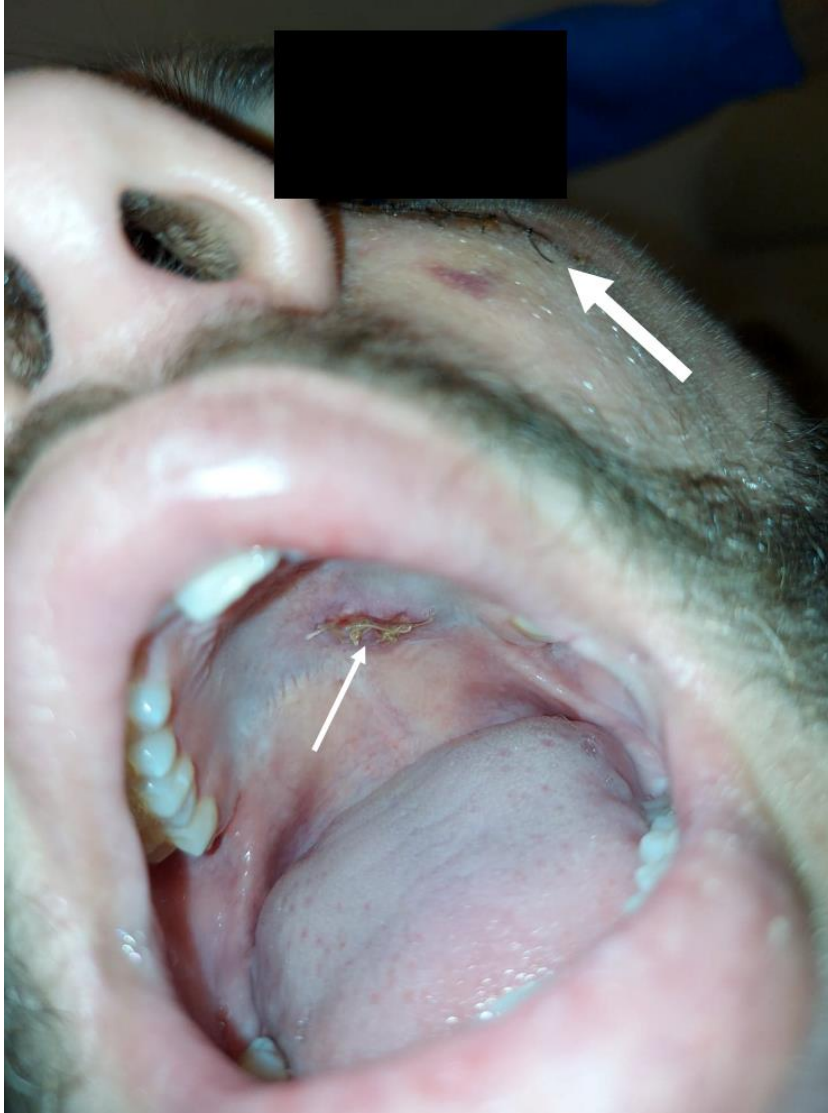
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Fig. 19. Immediate post-operative situation. Sutures of the entering area under the left orbit (arrow). Hematoma in the left lower eyelid. Minimal swelling of the left cheek. Right oral intubation.

The patient stayed one night in the hospital and received amoxicillin 500 mg 3 times per day for 5 days. The follow-up was performed at 5 days after surgery to remove the sutures. It revealed only the hypoesthesia of the left infraorbital nerve and a doubtful vitality test on teeth n°26 and n°27.



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Fig. 20. The follow-up at 5 days after surgery. Healing of the entering area on the left cheek (thick arrow), healing of the left palatine wound (thin arrow).

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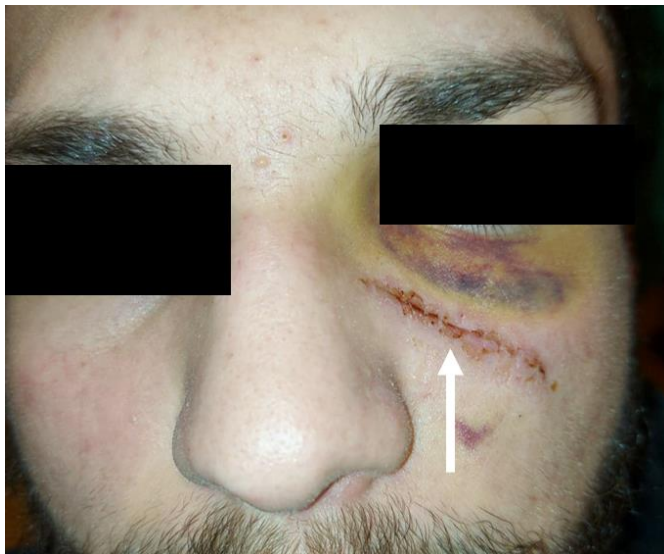
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Fig. 21. The follow-up at 5 days after surgery. Healing of the entering area on the left cheek (thick arrow). Glass hematoma around the lower rim of the left orbit.



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Fig. 22. The follow-up at 5 days after surgery. Healing of the entering area on the left cheek (thick arrow) after removal of the sutures. Glass-type hematoma around the lower rim of the left orbit.



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Fig. 23. The follow-up at 14 days after surgery. Healing of the entering area on the left cheek (thick arrow).

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At 3 months after surgery the patient had recovered most of the sensitivity of the left inferior orbital nerve, and presented with normal vitality tests on teeth n° 26 and n°27.

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Discussion

379 The face performs several functions in humans such as breathing, eating, seeing,
380 hearing and communicating as well as socializing [41]. Because of the
381 interdependence of its complex anatomical and functional structures, the
382 management of the facial trauma involves an interdisciplinary approach, and can
383 quickly engage the expertise of a multitude of medical and of surgical specialties
384 such as maxillofacial surgeons, otolaryngologists, ophthalmologists, neurosurgeons,
385 plastic surgeons, radiologists, interventional radiologists, anesthesiologists, emergency
386 physicians, and intensivists. This situation leads up to complexify the management
387 of facial trauma.

388 The spectacular aspect of injuries with impaction of the blade in the face as well as
389 its rarity often led to concentrate on the management of the retained tool rather than
390 on the initial resuscitation of the patient [42, 43]. However, the clinical examination
391 must remain systematic and routine.

392 The ATLS® algorithm is recognized as the gold standard in the initial management
393 of polytraumatized patients, and is instructed in more than 50 countries worldwide.
394 Its simplicity and systematic approach have contributed greatly to improve the
395 quality of care for trauma patients worldwide. It is estimated that the reduction of
396 deaths caused by polytrauma is of 25-30% when a systematic and organized
397 approach is used [44]. The ATLS is based on a two-step approach, primary and
398 secondary.

399 During the primary investigation the first priority consists of stabilizing the patient.
400 The care must be taken to secure the airway, treat active bleeding (especially of the
401 carotid artery system), and exclude neurological or vision damage [45]. Nonetheless,
402 penetrating maxillofacial injuries do not usually create major resuscitation problems
403 [46]. However, immediate attention should be directed to the assessment and to the
404 management of the airway and of the bleeding. The head and neck are the most
405 vascular areas. Massive hemorrhage, tissue hematoma, compression of displaced
406 tissue, airway secretion, and other complications can lead to shock [5]. Up to 1/3 of
407 patients with maxillofacial trauma require emergency airway management, and the
408 presence of blood, bone fragments, and loose teeth can make airway assessment and
409 management difficult [47].

410 The particularity of stab wounds is the unpredictable component of the depth of
411 penetration. It is therefore recommended that if the blade is still present in the
412 wound at the time of evaluation, to leave it *in situ* until diagnostic (radiological)
413 studies are performed, and the patient is in the operating room. It should be
414 remembered that a foreign body provides some buffer for the damaged blood vessel,
415 and often the removal of the foreign body results in massive bleeding [37, 48].

416 Ventilation of patients with affected structures of the middle third of the face can be
417 complicated as it can be difficult to ensure an adequate mask seal, it can mobilize
418 the blade, while positive pressure ventilation can aggravate subcutaneous
419 emphysema and worsen the injury [49-52]. Similarly, the patient who has potentially
420 swallowed blood should be considered non fasting, and may justify a crush
421 induction procedure.

422 On the other hand, it is essential to prevent coughing and any blade and/or head
423 movement during intubation to avoid injury to the vascular axes (internal carotid
424 artery).

425 Video laryngoscopy in the hands of an experienced user (able to manipulate the
426 endotracheal tube based on the video view rather than on a direct view) can mitigate
427 the effects of difficult anatomy, and maintain minimal mobility for the head and
428 neck while allowing adequate supervision by other operators [53]. The personnel
429 and equipment required for emergency cricothyotomy should be readily available and
430 accessible [50-52]. At the same time, the diverse nature of penetrating injuries to the
431 face and neck impedes a single method of airway management [53].

432 Once the patient is stabilized and the airway is secured, the long-term treatment
433 goals are to restore facial shape and function. It is the role of the secondary
434 investigation to get an idea of the severity of the trauma by identifying the
435 anatomical structures implicated or potentially implicated by the blade. As a
436 reminder, the depth of penetration remains unpredictable. For this purpose,
437 computed tomography (CT) is largely accepted in the evaluation of retained blades
438 [54]. However, metallic objects such as blades cause marked beam hardening
439 artifacts, which can lead to significant diagnostic problems depending on the case
440 [54; 55]. Although small metallic objects such as bullet fragments have been shown
441 to have a rather low impact in the lower extremities, this may not be the case in the
442 maxillofacial region due to the complex bony anatomy and due to the small caliber
443 of the external carotid artery branches [56]. The presence of a large metallic object
444 such as a knife blade *in situ* would create a significant beam hardening artifact that
445 would complicate reliable interpretation of vessel morphology or make its
446 interpretation impossible [1].

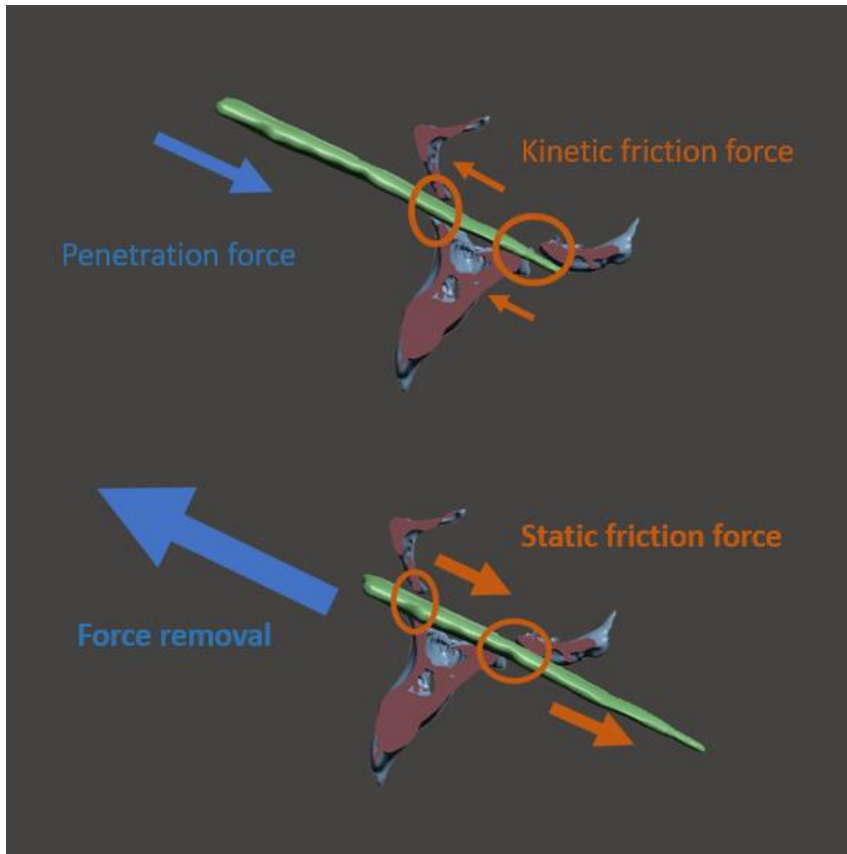
447 However, advances in cone-beam CT should lead to a reduction in beam hardening
448 artifacts due to metallic objects, and currently catheter angiography and cone-beam
449 CT can be combined [57]. In the future, these patients will probably be better
450 examined by cone beam CT angiography [1].

451 In case of uncertainty or close relationship of the blade with vascular structures it is
452 recommended to perform a diagnostic or therapeutic angiography. If the path of the
453 knife is clear of the base of the skull and of the main vessels, the angiography is not
454 mandatory [1, 6, 31, 58].

455 The consequences of penetrating trauma depend of the affected anatomical
456 structures, of the extent of penetration, of the impact and direction of the offending
457 foreign body, and of the strength of the tissue affected by the trauma [5, 59-62]. In
458 general, stab wounds are known to have a low mortality [39]. This can be attributed
459 to the limited energy dissipation (along the blade), which leaves the adjacent tissues
460 intact, and to the low velocity of the trauma. In a study at a major trauma center in
461 London, out of 938 patients, four patients died, resulting in a case fatality rate of
462 0.53% [26]. The most dangerous site for stabbing is the chest [36, 63, 64]. However,
463 these results are to be put in balance with the fact that the study does not distinguish
464 between incised and penetrating knife wounds and that the study describes cases that
465 actually arrived at the hospital [26]. One important point is that a knife can be very
466 deadly in the hands of an experienced person [36, 63, 64]. However, this low fatality

467 of facial penetrating trauma has been noted by some authors [1, 65], and highlights
468 the protective function of the viscerocranium, which through its bony structures acts
469 as a cushioning zone that absorbs the energy of trauma, and protects the intracranial
470 structures [34]. Moreover, in the case of Jael's syndrome, when it affects the face, its
471 laterality is in two thirds cases on the left side. This corresponds to the fact that the
472 majority of the population is right-handed, so the majority of attackers are right-
473 handed, and it is easier for them to hit the left side of the victim [36, 66, 67].
474 During an attack with a movement over the shoulder, the axis is often superior-
475 inferior, and latero-medial (orientation found in the illustration of the "wounded
476 man" (Figure 1, and in our present case). This orientation has the advantage of being
477 an axis that is away from the large vessels [6].
478 The treatment focuses on the removal of the retained blade if it is not
479 contraindicated. This procedure requires a thorough understanding of facial anatomy
480 [68]. The surgical approach includes either simple removal, wound exploration and
481 removal, or open surgery and removal defined as follows [69]:
482 - Simple removal: the retained blade was removed along its entry line without
483 additional surgical intervention.
484 - Wound exploration and removal: the entry wound was surgically extended and the
485 retained blade was removed under direct vision.
486 - Open surgery and extraction: retained blades involving deeper structures and those
487 not visible from the outside required dissection of the entry wound, laparotomy,
488 thoracotomy or even osteotomy followed by removal under direct vision.
489 Computer Assisted Surgery (CAS) can help us with diagnosis, surgical planning and
490 treatment to decrease the incidence of complications in delicate or complex cases
491 [70, 71]. The choice of removal type is of course case-dependent, and should allow
492 for the least traumatic removal, while removing the foreign body, and allowing for
493 management of hemostasis [1, 3, 36, 37, 72]. However, the removal of a knife
494 retained in the bone can be difficult (the biomechanical elements underlying are
495 illustrated on Figure 24). This particularity has already been highlighted in the
496 course of history where it was not uncommon to have to go over it several times
497 before succeeding in removing the retained blade [73]. A good illustration is the
498 case of François de Lorraine, Duke of Guise of whom Ambroise Paré (French
499 surgeon) attending the siege of Boulogne in 1544, succeeded in removing a
500 spearhead retained in the face of the Duke but had to use a farrier's pliers, and
501 applied his foot on the head of the Duke in order to remove the blade from the face
502 of the latter. This episode earned afterwards the Duke of Guise the nickname of "le
503 balafre" (the scarred one) [73].
504 From a global standpoint, the force required to cause an injury with a knife are
505 grouped into mild, moderate and severe [74]. Light force would generally be
506 associated with penetration of skin and soft tissue, while moderate force would be
507 required to penetrate cartilage or rib bone. Severe force, on the other hand, would be
508 typical of a knife striking a dense bone such as the spine, and sustaining visible
509 damage to the blade [74]. For a knife to pass through the cartilage, it has been
510 reported that it may require 140 Newton and for the sternum 200 Newton [75]. In a
511 study to determine the force developed during a knife attack with an over-the-

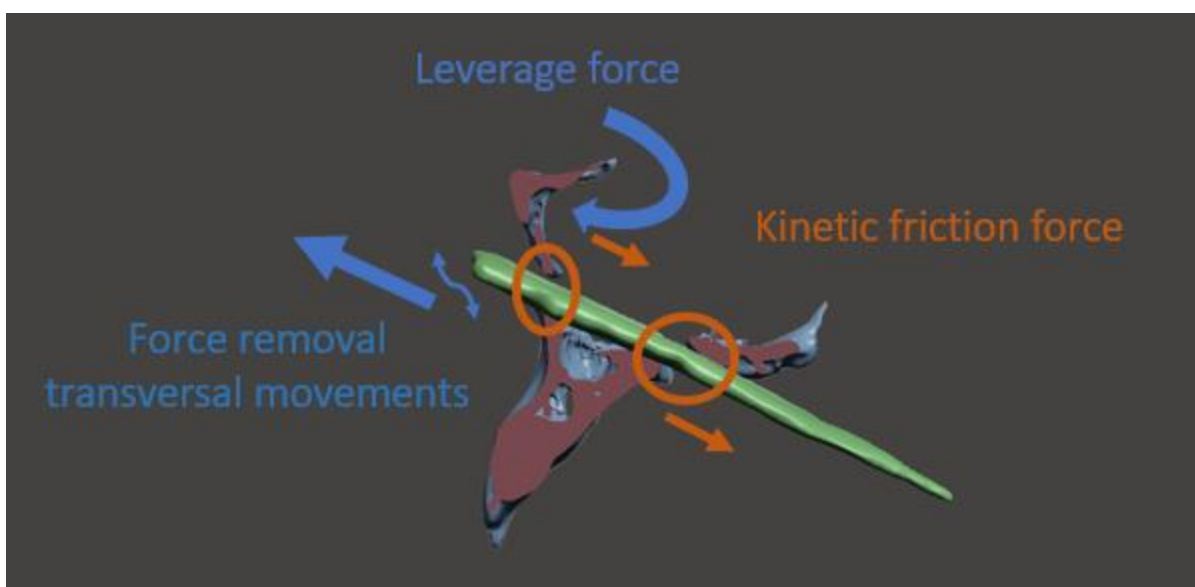
512 shoulder pronated gesture, it was found that volunteers could generate up to 2000
513 Newton of force along the long axis of a blade on impact, and reach impact speeds
514 of 10 to 18 m/s [76]. Note that none of the volunteers were in a state of fear, rage or
515 excitement, which could tend to increase physical performance.
516



517
518 **Fig. 24. 3D CT reconstruction of the bone structures and of the blade**
519 **(green).** Since the knife blade has a high inertia during a knife attack, its
520 friction coefficient (metal/bone) is kinetic and therefore lower than the static
521 friction coefficient (metal/bone) that is found during the removal. If the bone
522 structures have not fractured (which is often the case for a pure sharp force)
523 the force required to withdraw the blade may be greater than the force
524 developed during the attack.

525
526 One tip is to use large forceps and tap the clamp holding the knife with a surgical
527 hammer to minimize iatrogenic damage [77, 78]. However, this technique is not

528 always applicable because a common characteristic of knife attacks is that the knife
529 is often twisted or broken after the attack [18]. This is because knives are rarely
530 inserted into the body and removed at exactly the same angle (unless the victim is
531 incapacitated at the time of the attack)
532 <https://www.forensicmed.co.uk/wounds/sharp-force-trauma/stab-wounds/> [79].
533 This feature has been noted by several authors especially with cheap kitchen
534 knives that can easily break with minimal force, and when such a knife tip hits the
535 bone, the tip can break, and remain embedded in the bone [76, 80]. This
536 characteristic is more pronounced with the longer blade. The *"ideal" weapon is, in*
537 *fact, a short knife with a thin blade, with a rigid blade of about 7 cm long* [80].
538 This tendency to break or twist can complicate the removal of the knife due to the
539 lack of contact surface for forceps and due to the modification of the removal axis.
540



541

542 **Fig. 25. 3D CT reconstruction of the bone structures and of the blade**
543 **(green).** In the present case the removal of the knife was complicated by
544 the lack of grip of forceps on the contact surface of the blade. We had to
545 perform an osteotomy of the anterior wall of the left maxillary sinus in order
546 to free the exit axis. We performed the transversal movements and rotation
547 movements along the main axis of the blade to initiate the removal of the
548 blade.

549 Our procedure (Figure 25) allowed the realization of leverage force through a
550 metallic instrument followed by a mobilization of the blade in the transverse
551 direction. These transverse movements are a technique commonly used in oral and
552 bone surgery when it is necessary to recover an osteotome blocked in the bone. This

553 technique allows to decrease the coefficient of friction metal/bone by transforming it
554 into a kinetic coefficient.

555 Moreover, when faced with a clean-edged wound (typical of stabbing attacks), it is
556 necessary to suspect that blade fragments are present and should require imaging to
557 allow early diagnosis of retained blades [37]. Indeed, late discovery of fragments is
558 not unusual in a series of 33 patients and occurred in six patients (18%), four of
559 whom presented with subcutaneous swelling, and two with wound abscesses [69].
560 As the knife attacks only last a few seconds, the patient may not be a ware of the
561 attack, and the history may be missing [81, 82]. Subsequently, the retained blade
562 may be minimally reactive, and remain in the tissue for years without damaging
563 adjacent structures. However, they can also produce chronic inflammatory reactions,
564 making them a source of acute/chronic infection, as well as secondary bleeding
565 caused by movement of the blade during modifications in body positions [83]. When
566 a foreign body has been embedded in the tissue for a long period of time, the entry
567 tract becomes obliterated, making it difficult to locate the object. The foreign body
568 is surrounded by a thick layer of fibrous tissue, which makes the removal even more
569 difficult [84]. The longer the foreign body retention time, the more tissue edema will
570 occur. It is therefore recommended to remove the retained blade as soon as possible
571 within 24 hours of the diagnosis [84]. The absolute indications for removal of a
572 foreign body in the facial region are: organic origin, freely palpated object, position
573 anterior to the orbit, with a high toxicity, in intra-articular position, with presence of
574 infection or mechanical and functional impairment [36]. Other indications include
575 neurological impairment and compromised aesthetics [85].

576 Contraindications to inorganic origin include location posterior to the orbit,
577 proximal to vital structures, lack of imaging studies, risk of iatrogenic injury,
578 absence of symptoms or unclear location [36]. However, Grobbelaar et al., [6]
579 showed no adverse effects after simple removal of the retained blades in 11 patients.
580 Similar uneventful intraoperative and postoperative results were observed by Shadid
581 et al. [86]. Bullock et al., [87] reported a patient with acute carotid-cavernous fistula
582 due to stabbing. However, before an intervention the question of the benefit/risk
583 balance of the removal of the blade must be asked. Also, if conservative
584 management has been chosen, clinical and radiological support is necessary to
585 prevent and treat possible future complications.

586 The aesthetic potential of the wound depends on the orientation of the wound in
587 relation to the line of tension of the facial skin. A parallel incision will open less
588 than a perpendicular one, and heal with a thin linear scar whereas a transverse
589 incision is likely to result in an irregular distribution of local tension leading to an
590 unsightly scar [74]. The healing is also related to the type of sharp/semi-sharp
591 weapon (injuries resulting from a combination of sharp and blunt force). Sharp
592 weapons such as knives tend to heal better than semi-sharp weapons such as broken
593 bottles, axes, machetes which traumatize the edges and subcutaneous tissue more,
594 and can leave large scars [88].

595 Prescription of preoperative and postoperative antibiotics as well as postoperative
596 tetanus prophylaxis are recommended [3, 37, 89]. The prevention of infection is

597 important especially in the "triangle of death" area of the face drained by the angular
598 vein that drains into the cavernous sinus.

599 It is interesting to see that our case is close to several characteristics already
600 mentioned by Jett et al., [90] describing the characteristics of the typical victim. The
601 typical patient was a male, from an ethnic minority, between 15 and 35 years of age,
602 who arrived at the emergency room between 9:00 pm and 2:00 am on a Friday or
603 Saturday night. He was often a drug addict, and the injury resulted from family
604 conflicts. Another study showed that the victim and perpetrator knew each other
605 86% of the time [19]. The majority of incidents are spontaneous, occur in the home
606 and in public, and use a sharp weapon of convenience, usually a kitchen knife
607 probably due to its wide availability [11, 21].

608 In summary, in cases of Jael's syndrome effective coordination, communication, and
609 teamwork of emergency medicine, anesthesia, radiology, surgery, and removal
610 services must be carefully implemented.

611 However, despite the fact that several attempts have been made to establish
612 algorithms and classify penetrating craniofacial injuries, the variety of cases
613 reported argues for an individualized approach.
614

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618

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619

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621

622

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623

624

- **Informed consent:** a written informed consent was obtained from the mother of the patient. All images were anonymized and no private data were provided allowing the patient's identification.

625

626

627

Authors contribution:

Author	Contributor role
Massaad Jean	Conceptualization, Investigation, Methodology, Data curation, Resources, Validation, Writing original draft preparation, Writing review and editing
Olszewski Raphael	Conceptualization, Investigation, Validation, Writing original draft preparation, Supervision, Writing review and editing

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