

POSTFACE – COVID 19: A NEW PARADIGM TO MOVE FORWARD

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A small virus appeared for the first time in China has started a catastrophe in the world. As virus and bacteria are energy as well, I like to consider COVID19 as a frequency that is breaking down and stay at Economic, Political, and Social level. COVID19 is a sort of gun threatening the human race and all those old systems that are being breaking apart because they are not a match for these live frequencies.

Creating a vaccine is like believing indeed that it could *cure* Covid-19. Indeed, it is a subject at the forefront of the conscious minds of awakened individuals as they are both vehicles, if you will, for the service to self-factions to deliver that, which will present a mass awakening and thus ascension into a different dimensional awareness.

Covid-19, moreover, is helping us to move into a different type of mind-set, where it is important how these things are considered (families and relationships in general) to see how they have come through the years and how that has affected us and how we see it is affecting other people. The new thing is coming through very strongly also with this year in lights.

Teaching programs, laboratories, academia and organizations will align to a different practicum to actually carry a new type of frequencies at the practical, seen as these been involved with the frequency for fine-tuning their skills and working for humanity in an energetic way which is part of a larger systemic approach, a circular art of listening quality of being.

I realise that there so many people that are more worried about how to make changes outwards rather than inside.

How people reacted to covid-19 is affecting for a big part the quality of the paradygma programming transformation: I doubt it does not matter what it is nourishing our understanding, rather how we are aligning internally with ourselves: it is our internal alignment, which will change the external alignment in the environment.

So COVID-19 is like a real message that actually been since the beginning of time and attention to this is how we do it. You know so beautiful prospect wonderful distinction between making changes out there and a wind internally yes excited to work with in my home.

Nevertheless, it cannot be underestimated what Covid 19 has created globally. What has created Covid requires an enormous recalibration of what is to be human and how humans live. From a systemic point of view, covid19 is teaching us a new way of relating to nature, people and Mother Earth.

We use resources indiscriminately without a sense of respect. To understand our *demon* covid 19, it is indirectly telling us:

- to connect;
- to heal;
- to create sense.

The challenge I have seen working with people around the world during this year has created opportunity and discomfort on a scale never seen. How people are meeting themselves for the first time and how they are treating themselves has shone a light on our relationship with self.

How we meet and treat ourselves is how we meet and treat the people around us and the world.

That insight and the growth needed to recover and heal are challenges and opportunities too. Covid has provided a mirror, and like all mirrors, we do not always like what we see; the reflection is there all the same. If we are prepared to see what is not easily seen, and build a companionable relationship with self and the world outside of self, there is a chance of alignment, and health.

We hope that we can finally stop finding a result in the *miracle vaccine* against covid19, and start seeing under the surface what COVID-19 is manifesting. A sort of inspiration to become *human* and connect to mother Earth.

We need to stop believing we can control *nature* and that we do not need it anymore because of technology and progress.

COVID-19 is unveiling the hidden dimension of a system, which is not democratic anymore, which is trying to undermine the personal identity of his members.

We dream of a new dream